

ALL NATURAL

ENERGIZE

# We Power Your Passion

## Hobble Creek 1/2 Marathon Special!

# 15% Off All PHL Products



CREATE YOUR CUSTOMIZED NUTRITION PLAN

Now use a new online tool to determine the right amount of calories and fluid to consume during workouts and races. The PORTMAN CALCULATOR uses the latest science to provide athletes at all levels with a customized analysis and plan based on their workout intensity and duration. Best of all, it's free. Simply go to [www.portmancalculator.com](http://www.portmancalculator.com).

### Redeemable at:



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[pacifichealthlabs.com](http://pacifichealthlabs.com)

## Expires 8/31/12

PacificHealth

we power your passion